

Statistics Report 35160, Caribou, rump meat, half dried (Alaska Native)
Report Date: May 31, 2017 02:52 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water 1	g	38.04	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Energy	kcal	255	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2007
Energy	kJ	1068	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2007
Protein 1	g	52.06	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Total lipid (fat) 1	g	5.23	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Ash 1	g	3.15	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Carbohydrate, by difference	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Fiber, total dietary	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Sugars, total	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Sucrose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Glucose (dextrose)	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Fructose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lactose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Maltose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Galactose	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Starch	g	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Minerals													
Calcium, Ca 1	mg	14	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Iron, Fe 1	mg	11.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Magnesium, Mg 1	mg	60	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Phosphorus, P 1	mg	480	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Potassium, K 1	mg	710	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Sodium, Na 1	mg	390	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Zinc, Zn 1	mg	9.40	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Copper, Cu 1	mg	0.600	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Manganese, Mn 1	mg	0.099	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Selenium, Se 1	µg	30.5	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamins													
Vitamin C, total ascorbic acid	mg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Thiamin 1	mg	0.333	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Riboflavin 1	mg	1.240	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Niacin 1	mg	13.200	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Pantothenic acid 1	mg	2.940	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamin B-6 1	mg	0.620	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Folate, total 1	µg	3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2006
Folate, food 1	µg	3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, DFE	µg	3	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2007
Choline, total 1	mg	202.7	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Betaine 1	mg	29.3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Vitamin B-12 1	µg	7.16	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Vitamin A, RAE	µg	52	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2007
Retinol	µg	52	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
Carotene, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Carotene, alpha	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Cryptoxanthin, beta	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Vitamin A, IU	IU	173	--	--	--	--	--	--	--	--	Calculated or imputed	--	05/2007
Lycopene	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Lutein + zeaxanthin	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006
Vitamin E (alpha-tocopherol) 1	mg	0.09	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Tocopherol, beta 1	mg	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Tocopherol, gamma 1	mg	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Tocopherol, delta 1	mg	0.00	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Vitamin K (phylloquinone) 1	µg	1.1	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Lipids													
Fatty acids, total saturated	g	1.550	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
8:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
10:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
12:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
14:0 1	g	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
15:0 1	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
16:0 1	g	0.790	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
17:0 1	g	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
18:0 1	g	0.670	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
20:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
22:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
24:0 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Fatty acids, total monounsaturated	g	1.190	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
14:1 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
15:1 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
16:1 undifferentiated 1	g	0.080	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
17:1 1	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
18:1 undifferentiated 1	g	1.070	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
20:1 1	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
22:1 undifferentiated 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
24:1 c 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Fatty acids, total polyunsaturated	g	0.630	--	--	--	--	--	--	--	--	Calculated or imputed	--	03/2006
18:2 undifferentiated 1	g	0.330	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
18:3 undifferentiated 1	g	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
18:4 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
20:2 n-6 c,c 1	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
20:3 undifferentiated 1	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
20:4 undifferentiated 1	g	0.150	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
20:5 n-3 (EPA) 1	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
21:5 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
22:4 1	g	0.000	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
22:5 n-3 (DPA) 1	g	0.040	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
22:6 n-3 (DHA) 1	g	0.020	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Cholesterol 1	mg	141	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	03/2006
Amino Acids													
Other													
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	03/2006

Sources of Data

¹Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 8k, 2004 Beltsville MD